

**HAVE YOU LOST
SOMEONE TO
SUICIDE?**

**Get help
and support** 

A TIME TO HEAL SUICIDE LOSS SUPPORT GROUP

IN PERSON IN ALPENA

NOT AFFILIATED WITH ANY RELIGION

COME AS YOU ARE - ALL SURVIVORS ARE WELCOME

6:00 TO 7:00

SECOND MONDAY OF EACH MONTH

Dec 9, Jan 13, Feb 10, Mar 10

1st Presbyterian Church Lounge

Corner of Chisholm St and Long Rapids Road in Alpena

Take Gilchrist St off Long Rapids Road (across from the duck park entrance)

Turn in the second driveway on the right

See the sign on the central entrance on the north side of the building



989-356-2880 FOR INFORMATION